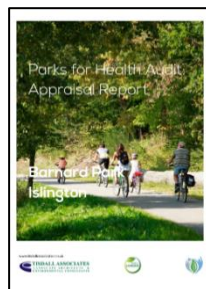


Health Parks Outcomes & Opportunities

Health and wellbeing are embedded within the pillars of sustainable development (environmental, social and economic) and reflected in the GI and Open Space Strategies. The development of parks for health through the Health Parks Initiative, sits well within this approach. It also allows their use within primary prevention, through practical interventions, health promotion and social prescribing. Building upon the work of the Islington and Camden Parks for Health FPA project, the initiative provides the following outcomes and opportunities. ([Click here](#) for the HP video).

1. Individual Green Space Health Audits

Created through the online Health Parks Toolkit, each evidence-based audit provides charts, tables, and lists of elements, giving the health status of each park and identifying areas for



improvement, and potential new opportunities. It identifies elements which can contribute to the prevention and treatment of obesity, non-communicative diseases, and mild-mental health. It also highlights opportunities for social prescribing and health promotion. The audit is a valuable free resource for local community groups interested in taking the first step towards developing their parks for health.

[Register here](#) for the Free Audit, and email us for a free licence(s) at info@tisdall.associates.co.uk

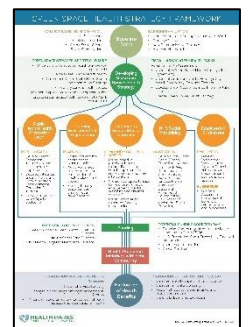
2. Data Analysis

From multiple green space audits, it has been possible to present data through interactive spreadsheets and tables. Linked to the prevalence of local health conditions, these identify the current health status,

improvements, and new interventions for each of the health criteria: health promotion, accessibility, mental wellbeing, physical activity, environment & biodiversity, and social prescribing. Information can be made available by borough, city, town, ward, community, or park. This provides an overview of the data, revealing strategic interventions across parks to address policy objectives, meet health targets and to respond to the specific needs of vulnerable communities.

3. Green Space Health Framework and Strategies

The [Green Space Health Framework](#) provides a Road Map for a coordinated approach for the delivery of health and wellbeing through parks, integrating the work of Parks Departments, Planning, Public Health, the NHS, and community



groups. Strategies built upon the audits and technical data can be developed for individual and groups of parks, and by ward, city, or borough. Responding to the health profiles of local communities, the strategies identify existing opportunities, improvements, and new interventions. In so doing they provide the basis for an



implementation plan to address avoidable health conditions, promote mental wellbeing, encourage physical activity, and develop health promotion and social prescribing opportunities, providing an objective basis for funding and evaluation. In so doing, this initiative offers practical solutions for the creation of healthy communities.

For more information contact us at info@tisdallassociates.co.uk